

Prayer Thursday

14.01.21

I am using the app Lectio 365 and as we thought about the beatitude 'Blessed are those who mourn, for they will be comforted' we were encouraged to be real about our emotions. As you know I lost my mum last year and the last months of her life were emotionally and physically quite hard for my sister and myself. However, I think whether we have recently lost someone or not we have ALL been affected emotionally to one degree or another because of this pandemic. I think it is important to recognise this. God wants us to express how we feel to Him. Prayer is first and foremost a conversation with God and a relationship with him. Jesus begins the Lord's Prayer with 'Our FATHER'

So to begin our prayer time can I encourage you to read Psalm 60. It is called a Psalm of lament.

Spend some time pouring out your heart to God about how you feel about this pandemic...the number of people who have died, the heartache, the difficult job our medical staff are facing....maybe you feel angry towards those who you perceive not to be keeping the rules....may be you feel angry with God...

Then cry out to God to have mercy....to intervene.

Remind yourself of the amazing ways God has come through for you in the past. Remind yourself of God's greatness and faithfulness.

Acknowledge your own sinfulness and failings.
Finally, praise God by watching/listening to this video.

[So will I](#)

When you take your daily exercise look out for signs of God's creation and praise Him.

Loving our neighbour as ourselves.

In the book of James we are told to be practical in our faith. As the Archbishop of Canterbury has posted today at this time first and foremost 'loving our neighbour' means sticking to the rules of this lockdown!

- Pray that people will stick to the rules.
- Pray for those in authority, particularly the police who have a very difficult job.
- Pray for those who are finding it hard to stay at home whether through loneliness, difficulty home schooling etc
- Pray for protection for those who have to work in environments where it is very difficult to maintain space and where they are dealing with the public who are not sticking to the rules.
- Pray for our health workers. (Courtesy of Pete Grieg 24-7 prayer)

Jehovah Rapha, God who heals, we pray for all medical professionals dealing daily with the intense pressures of this crisis. Grant them resilience in weariness.....discernment in diagnosis, and compassion upon compassion as they care....

We thank you that many of our families and church family have now been given the first dose of the vaccine. We pray for all those in the organising of the roll out. We pray for all the practicalities from manufacture to delivery of the vaccine. May all go according to plan.

Sovereign Lord, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you. (Jeremiah 32:17)

Finally prayer for the future .

Father God longs for people to return to Him (as illustrated in the story of the prodigal son).

Pray that even now God will be softening people's hearts to seek a different future for themselves and seek God.

As you walk pray God's blessing on the people you see and the houses you pass.

Pray for all the new builds springing up in North Wingfield.

Pray for the people who will set up home in these new houses.

(Particularly those who will have a view of St Lawrence Church!)

Pray that many, many people will find God.

We need God's help to get through this.

I hope this song is a blessing to you.

[I need you](#)